



SYLVANIA
TRIATHLON + DUATHLON + AQUABIKE
TRANSITION

(P)

(P)

NO
(P)

SYLVANIA REC

TAM-O-SHANTER

VICKSBURG DR.

W. SYLVANIA AVE.

FINISH

RUN IN

SWIM IN

SWIM OUT

1 MILE RUN

RECOVERY ZONE

BIKE REPAIR

RUN OUT

BIKE OUT

BIKE IN

FOOD & REFRESHMENTS

OLYMPIC DU START

SWIM
RUN IN
OLYMPIC DU
FINISH
BIKE



(P)